

## **A Study on Amashaya Sodhana with Shigru Patra Kashaya in the Management of Parinamashula (Duodenal Ulcer)**

**GK Swamy\* V Nagakakshmi\*\* T Maheswar\*\* GP Prasad\*\* V Subhose\*\*  
& AJV Saiprasad\*\*\***

### **Abstract**

*A clinical study was conducted on Amashaya shodhana with Shigru Patra kashaya a new technique of Gastric lavage at Clinical Research Unit, Hyderabad to evaluate it's efficacy on 41 cases of Parinamashula (Duodenal Ulcer). Among the studied 41 cases, 2 (4.88%) cases got good response, 27 (65.85%) got fair response, 11 (26.83%) got poor response and 1 (2.44%) case did not responded for the treatment. Based on the statistical analysis highly significant ( $P < 0.001$ ) relief was found in Pain in Abdomen after meals, Vomiting, Burning Sensation in Abdomen, Tenderness in Epigastrium, Nausea, Acid Eructation, Flatulence, Indigestion and Constipation. Functional improvement was also found in Fraction Test Meal (FTM) study.*

---

\*Assistant Director in-charge \*\* Assistant Director (Ay.) \*\*\*Research Officer (Ay.)

Regional Research Institute (Ay.), IGMS Complex, Labbipet, Vijayawada.-520 010 (A.P.)